

HSSD Calendar Grid

Week One: Introduction to Spiritual Direction

	Monday	Tuesday	Wednesday	Thursday	Friday
TIME	27-Feb	28-Feb	Feb-29	1-Mar	2-Mar
9:15-10:30	Intro to Hesychia and Desert spirituality- Wiest	Theology for the evocative spiritual direction -- Foraker	Lectio Divina - Srubas	Direction session - Foraker + Hansen	Stages along the Spiritual Journey -- Foraker
10:30-10:45	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Lunch</i>	<i>Break</i>
10:45-11:45	continued	continued	continued	Reflecting on the session - Blythe, Foraker & Hansen	
12:00 - 1:30	<i>Lunch + free time each day</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Break</i>	<i>Lunch</i>
1:30 - 3:00	Desert spirituality continues Wiest + Blythe	Theologies encountered in spiritual direction - Hammar	Contemplative Listening - Srubas	Openings and blocks - Hutson	
3:00 - 3:15	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
3:15 - 4:30	Introduction to the Evocative Method - Blythe	Honoring the Shy Soul - Blythe	Responding Skills - Blythe	Practicum small group Foraker + Hutson	
4:30 - 6:00	<i>Break (dinner at 6:00)</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
Evenings	Free				

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Week Two: Spiritual Guidance in Many Traditions

	Monday	Tuesday	Wednesday	Thursday	Friday
TIME	5-Mar	6-Mar	7-Mar	8-Mar	9-Mar
9:15-10:30	Intro to Interfaith SD -- Foraker	Hinduism and SD- Manchanda	Islam and SD - Nadir	Spiritual direction in the Buddhist tradition - Tizer	Putting it all together - Foraker
10:30-10:45	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
10:45-11:45	continued	continued	continued	continued	
12:00 - 1:30	<i>Lunch + free time each day</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
1:30 - 3:00	SD in the Jewish tradition -Cohn	12-Step Tradition - Shreve	Working with the Spiritual but not Religious - ?	Themes in Native American Spirituality -- TBA	
3:00 - 3:15	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
3:15 - 4:30	Practicum small groups - Foraker + Cohn	Practicum Small Groups - Cohn + Hutson	Practicum small groups - Cohn + Hutson	Practicum small groups - Cohn + Hutson	
4:30 - 6:00	<i>Break (dinner at 6:00)</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
Evenings	Free				

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Week Three: Spiritual Direction and the human experience

	Monday	Tuesday	Wednesday	Thursday	Friday
TIME	16-Apr	17-Apr	18-Apr	19-Apr	20-Apr
9:15-10:30	Introduction to Discernment - Blythe	Basic Psychology for the Spiritual Director - Parrish	Working with trauma victims in SD - Parrish	Writing as Spiritual Practice - Srubas	Group spiritual direction - Blythe
10:30-10:45	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
10:45-11:45	continued	continued	continued	continued	Clearness Committee
12:00 - 1:30	<i>Lunch + free time each day</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
1:30 - 3:00	Relationships as window to the Divine - Renouf	Supervision - Cohn + Hutson	Images in Spiritual Direction - Morrison	Grief work in SD - Morrison	
3:00 - 3:15	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
3:15 - 4:30	Practicum small groups Foraker + Hutson	practicum small group Foraker + Cohn	practicum small groups Foraker + Morrison	practicum - Large group Foraker + Blythe	
4:30 - 6:00	<i>Break (dinner at 6:00)</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
Evenings	Free				

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Week Four: The Practice of Spiritual Direction

	Monday	Tuesday	Wednesday	Thursday	Friday
TIME	23-Apr	24-Apr	25-Apr	26-Apr	27-Apr
9:15-10:30	Code of Ethics - TBA	Gender Differences in SD - Morrison & Foraker	The mind-body-spirit connection - Korshak	SD with LGBTQ persons - Muszynski	9:15 - 9:45 Final evaluations 9:45 - 10:30 Wrapping up & 10:30 - 11:00 Ceremony of Completion
10:30-10:45	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
10:45-11:45	continued	continued	continued	continued	
12:00 - 1:30	<i>Lunch + free time each day</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
1:30 - 3:00	Boundary Awareness and Transference - Muszynski	Working with Resistance in SD - Foraker	Setting up a Spiritual Direction practice - Blythe	Self care for the SD - Blythe	
3:00 - 3:15	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
3:15 - 4:30	Practicum small group Foraker + Milligan	Practicum small group Foraker + Hutson	practicum small group Foraker + Cohn	practicum Large group WRAP UP Foraker + Blythe	
4:30 - 6:00	<i>Break (dinner at 6:00)</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
Evenings	Free				