

Let the Desert Speak to your Longing

Twice a year, people from all walks of life gather at the Redemptorist Renewal Center at Picture Rocks to be formed and trained as spiritual directors.

Our four week program changes lives and equips our participants to help others come alive to the Holy.

The word hesychia means inner stillness and holy silence.

Does your heart long for hesychia? If so, contact us today.



The Redemptorist
Renewal Center
7101 W. Picture Rocks Rd.
Tucson, AZ 85743-9645

Phone: 520-744-3400
866.737.5751
E-mail: teresa@teresablythe.net
: office@desertrenewal.org
www.desertrenewal.org

The Hesychia School of Spiritual Direction

A featured program of the
Redemptorist Renewal
Center at Picture Rocks



Preparing spiritual directors to serve the growing numbers of women and men who, from all walks of life and all religious traditions, seek the guidance of the Spirit.

520-744-3400; 866.737.5751
www.desertrenewal.org

Description

The Hesychia School is an ecumenical and interfaith program designed to provide resources and support for the ministry of spiritual guidance, and to encourage the deepening of the spiritual life of participants. The program focuses on the ancient Christian practice of spiritual direction, adapted and revised for our time.

The heart of the program is contemplative, emphasizing the importance of spiritual study, discernment, and prayer. Its focus is on the experience of a person's relationship with God, and on fostering this relationship as the foundation of one's life.

The program is offered two times a year - a Spring session and a Fall session.

Each class is comprised of lay people, clergy, vowed religious, and professionals from a wide variety of vocation and faith traditions. We expect that applicants will have some experience in receiving spiritual guidance, and will have the maturity and life experience necessary for this ministry.

Hesychia Dates for 2010 & 2011

Feb 21 - Mar 5, 2010 Weeks 1 and 2

Apr. 25 - May 7, 2010 Weeks 3 and 4

Sep. 5 - 17, 2010 Weeks 1 and 2

Nov. 7 - 19, 2010 Weeks 3 and 4

Feb. 13 - 25, 2011 Weeks 1 and 2

Apr. 3 - 15, 2011 Weeks 3 and 4

Sept. 11 - 23, 2011 Weeks 1 and 2

Nov. 6 - 18, 2011 Weeks 3 and 4

Cost

\$985 per Retreat Week for residents, which includes tuition, room and all meals.

\$750 per Retreat Week for commuters, which includes tuition and meals.

A \$150 deposit toward your first week holds your place.

To Apply

At least 3 weeks prior to the start of Week 1, we must have your application and two recommendation forms. Download these forms at www.desertrenewal.org. You may mail them or send them via email to teresa@teresablythe.net.

Once we have received all the forms you will be notified of acceptance by the director of the program, Teresa Blythe.

Contact Teresa if you have any questions about Hesychia. She may be reached at:

teresa@teresablythe.net
520-971.4724



The Redemptorist
Renewal Center
7101 W. Picture Rocks Rd.
Tucson, AZ 85743-9645

Phone: 520-744-3400
866.737.5751

E-mail: teresa@teresablythe.net
: office@desertrenewal.org
www.desertrenewal.org