

## "Fully Awake, Fully Active, Fully Alive: Thomas Merton's Path to Spiritual Wonder"



**MARCH 27, 2010**

Program fee which includes lunch is  
\$40.00 per person. You may also join  
us for Mass and breakfast  
for an additional \$5.00  
Advance Reservations Required

Thomas Merton, monk, writer, and mystic, dedicated his life exploring the dimensions of contemplative prayer. This retreat is for both those people who follow Thomas Merton's work and share his spiritual vision and, also, for those people who are interested in an introduction to his thinking and practice. The retreat will explore the evolution of his ideas about contemplative prayer, his vision of a contemplative practice for everyone, and the transformations in our living that a contemplative approach to life can bring. Come spend a day exploring his path to Spiritual Wonder, a way of 'seeing without seeing and knowing without knowing.'

*Father Greg Wiest is a staff retreat director at the Redemptorist Renewal Center. He is also a staff coordinator of the Hesychia School for Spiritual Direction. A native of Wisconsin, Father Greg received his Masters of Divinity from Catholic Theological Union. Since arriving at the Renewal Center permanently in Autumn of 2008, Father Greg has been exploring in the history of Christian Mysticism, especially the prayer and practice of the Desert Fathers and Mothers. He has been exploring the important intersection between contemplation and the arts, especially painting and writing. Also, inspired by the works of Thomas Merton, Father Greg has begun to investigate the possibilities of an embodied spirituality found in yoga practice.*

**7101 W. Picture Rocks Rd, Tucson, AZ 85743**  
**Phone 520.744.3400 ~ [office@desertrenewal.org](mailto:office@desertrenewal.org)**