

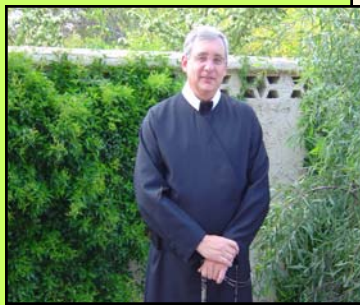
# Scrupulous Anonymous Retreat

October 26-28, 2012  
Redemptorist Renewal Center  
Tucson, Arizona

Scrupulosity can rob a person of peace and complicate the celebration of the Sacrament of Reconciliation. For the scrupulous person it is oftentimes difficult to imagine or experience the possibility of the confession of sins within the sacrament that is not burdened with fear, anxiety, and endless questions. Scrupulosity is sometimes referred to as the doubting disease and at other times as a thousand frightening fantasies. This weekend retreat provides opportunity for those who suffer with scrupulosity. This weekend retreat provides opportunity for those who suffer with scrupulosity. The retreat will probably not free the participants from the experience of scrupulosity but it will help them understand the problem and provide concrete helps that will give them some peace and freedom. Opportunity for the celebration of the Sacrament of Reconciliation, in a non-judgmental and understanding manner, will be provided.

The weekend retreat is limited to 25 participants. It will include conferences, group work, celebration of the Sacrament of Reconciliation and daily Eucharist, all within an atmosphere of safety and support. Retreat check-in is between 3:00-5:00 p.m. on Friday, Oct. 26 and ends after lunch on Sunday, Oct. 28, 2012.

Retreat director: Rev. Thomas M. Santa, C.Ss.R., author of *Understanding Scrupulosity: Questions, Helps, and Encouragement* and editor of the monthly bulletin, *Scrupulous Anonymous*.



For more information or to register, please contact:  
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Retreat Fees: Commuter \$170, single room accommodation is \$250.00 and double accommodation is \$460.00. A non-deposit of \$50.00 is required to confirm the registration. The fees include materials, room and board throughout the retreat.