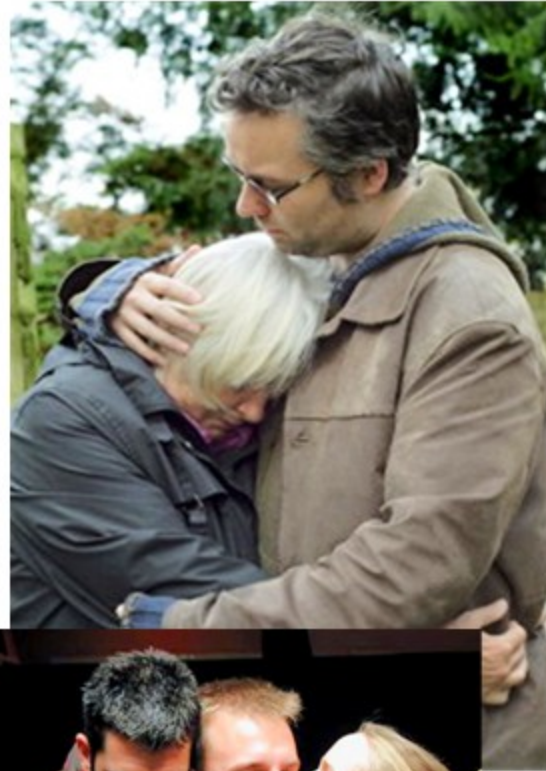


Forgiveness is the Best Revenge!

A Retreat for Learning to Live Again

Forgiveness allows me to take back my power from the person who hurt me. When I choose to forgive that person, I truly set myself free to live again in peace.



Jesus Christ redeemed us through His great love and forgiveness. Forgiveness is central to His Great Commandment of Love. Love your God, love your neighbor, love yourself— even love your enemy— “as I have loved you.” Yet, many of us reject this teaching of Jesus on a daily basis. We refuse to forgive others who have abused or hurt us, and we may even refuse to forgive ourselves for past mistakes.

When we refuse to forgive we give away our power. We allow those who hurt us to have complete power over our feelings; continually hurting us forever. We can't be happy because we are holding on to past pain, refusing to relinquish it. Our hearts smolder and burn with a feverish anger. We are trapped in prisons of self-imposed misery. We become perpetual victims of the past, and we deny ourselves the ability to heal and move forward in life.

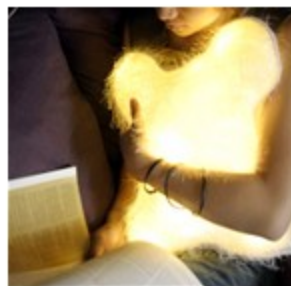
When we are trapped by unforgiving hearts, we are out of right relationship with ourselves, others and God. After all, we can't expect others or God to forgive us for our sins if we aren't willing to forgive others for their sins.

Redemption begins in our hearts. It requires forgiveness and reconciliation. If you are suffering from an unforgiving heart, this retreat will help set your heart free!

October 29-31, 2010

Retreat begins Friday evening and ends at Noon on Sunday.

*Rev. Charlie Wehrley,
Retreat Director*



Where **EVERYONE** is welcomed!

**Redemptorist Renewal Center
7101 Picture Rocks Road
Tucson, AZ 85743**

**Call 520-744-3400
for reservations.**