



Redemptorist Renewal Center

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Proudly Presents



Enrich and Energize: A Retreat for Spiritual Directors with *Rabbi Helen Cohn and Rev. Greg Foraker* May 13-15, 2012

As Spiritual Directors we strive to offer life-giving presence to our directees. To be at our best, it is helpful to engage with others directors as we share our spiritual lives and best practices in a contemplative environment. Through this engagement we enrich ourselves personally and energize our practice.

This interfaith retreat offers just such an opportunity: a tranquil setting for renewal, reflection, and sharing with other Spiritual Directors. The retreat will be a spacious blend of silence, prayer, discussion with other participants, and leisure time.



A tranquil setting for renewal & reflection

The Redemptorist Renewal Center at Picture Rocks is a desert sanctuary nestled in the foothills of the Tucson Mountains and the beautiful Sonoran Desert. Its location, away from the noise and commotion of the city, is a natural setting for a retreat that brings us closer to the Divine and our own inner calling.

Rabbi Helen Cohn lives in Tucson where she offers Spiritual Direction. She completed the Spiritual Directors' Institute at the Mercy Center in Burlingame, CA. The Rev. Greg Foraker also calls Tucson home and serves at St. Philip's In The Hills Episcopal Church. Greg completed training for Spiritual Direction at Washington Theological Union in Washington, DC. Both Helen and Greg are on the faculty of the Hesychia School for Spiritual Direction and are experienced retreat leaders.

The retreat begins at 5:00 pm Sunday afternoon, May 13, 2012 and concludes at 1:00 pm Tuesday, May 15, 2012. Contact the Redemptorist Renewal Center if you wish extend your own retreat. The retreat fee of \$200 includes all meals and a single-person room. Commuter rate is \$90 per person.

For more information, please contact RRC
Phone: 520 744-3400, or write: office@desertrenewal.org