

Dark VICTORY



A Retreat for Learning to Grieve Personal Loss and Death



February 17-19, 2012

Dark Victory begins with dinner at 6:00 PM on Friday and ends with Lunch at Noon on Sunday.

For questions about content or cost, or to register for this retreat, call 520-744-3400.

If you would like private massage during your stay, it's best to book a time for massage when you register.

Fr. Charlie Wehrley, C.S.S.R.
Retreat Director



Life provides its share of dark moments. None of us have to go looking for them. They find us in many ways: Divorce, The death of a loved one, unemployment, bankruptcy, poor health and terminal illness are just a few of the shadows that sometimes haunt us.

When we are faced with darkness, we are most often gripped by fear. We "fear" the worst and, in doing so, we fall deeper into darkness. We give away our personal power to fear, guilt and shame. Even day seems like night because our perspective is all wrong. We feel trapped, helpless and victimized.

Worst of all, we don't allow ourselves to grieve, or we simply don't know how. Many of us are champions at being angry over our personal losses, but we don't know how to properly grieve them. We aren't willing to own our experiences or feelings because we are too drunk on denial and emotional numbness. And to make matters worse, many of us won't allow others in to help us-- not even God.

If you are faced with personal losses, whether they be the death of a spouse, the loss of a job or fatal illness, and you are unable to cope properly, then this retreat is for you. Learn to release your anger, face reality, and develop a new perspective on life and loss. This weekend will provide you with the ability to surrender control of life and accept reality by replacing your fears with faith.

Redemptorist Renewal Center

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