

Soulswept

The Music of Emotions

Just as music is essential to the soundtrack of a film,
it is equally essential to the soundtrack of our lives.

A Retreat for Exploring the Connection
Between Emotions and Music



Music is the rhythm of emotions. It is the stirrings of the heart. It is the melody of the soul as we yearn for purpose and seek to touch the Divine. From the inner-groanings of our deepest disappointments to the joyous high-notes of our most rapturous moments, our lives are a continual soundtrack of our desires and emotions.

Beethoven and Tchaikovsky expressed their emotions through passionate musical expression. We can feel their pain and passion by simply hearing their symphonies, just as we can feel the care-free joyfulness of Mozart dancing so gracefully within his serenades.

20th Century Composers like Cole Porter, Duke Ellington and George Gershwin joined their raw emotions with the people of a world facing fast-paced industrialization, grave economic depression and world war to fashion music that helped comfort the fears and express the joys of then-modern day life. Much of their music was used in the new medium of motion pictures. It produced a soundtrack for the movie characters that viewers embraced with their hearts, just as movie music still does today.

During this retreat we'll explore the unique relationship between emotions and music, especially within films, where music is used to heighten our feelings as we identify with certain characters, words or actions. We will learn to better understand the soundtracks of our lives, the rhythms of our souls.

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Redemptorist Renewal Center
7101 Picture Rocks Road
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**Call 520-744-3400
for reservations.**

Presented by Rev. Charlie Wehrley, C.Ss.R.,
Retreat Director.