

12 STEPPIN'

with the Holy Spirit



Learning Steps 10, 11 and 12

A Day Retreat

**Fr. Charlie Wehrley, C.S.S.R.
Retreat Director**

The 12 Steps of Alcoholics Anonymous have been used by many individuals and groups to enable peace of mind through surrender to God. One doesn't have to be an alcoholic or addict to use the 12 Steps. They are also effective for those of us who simply need to learn to be better people and citizens.

The 10th, 11th and 12th Steps are about personal maintenance and reaching out beyond ourselves. They are about ensuring that we continue to give proper care to ourselves and that we are willing to offer our message of hope to those who are still trapped in addictive behaviors.

In Step 10, we take a daily moral inventory of ourselves. If we realize that we failed to take responsibility for our behavior on a given day, then we become willing to promptly seek forgiveness. Step 11 aids us in taking this daily moral inventory as it reminds us that we cannot succeed on our own. We must continually seek help from God through prayer and meditation. And Step 12 prompts us to share our recovery stories and successes with those persons who are still in need of help.

This day retreat will focus solely on Steps 10, 11 and 12. The retreat will run from 9:00 am to 4:00 pm. It will include a gourmet lunch and ample free time for meditation, journaling and walking our 120 acres of beautiful desert grounds with God. Cost is \$25.

**\$25 FOR THE DAY,
INCLUDES LUNCH.**

**call 744-3400
for reservations.**



*Redemptouist Renewal Center
at Picture Rocks*

**7101 Picture Rocks Road,
Tucson, Arizona.**

Where EVERYONE is welcomed!