



**Fr. Charlie Wehrley, C.S.S.R.
Retreat Director**

My Heart

Made Me the Blessed One



A Day Retreat for Spiritual Healing

How often do we take the time to allow our hearts to make us the blessed one? Most of us are too busy to notice a moment's worth of blessings. Drinking-in a sunrise with every cell of our being, breathing-in the sweet smell of desert blossoms, or sitting still long enough to allow a butterfly to alight on our shoulders are just a few of the blessings that we reject every day.

Somehow, it's more important to rush from house to car without even noticing the roadrunner by the backyard bushes. Somehow it's more important to rush down the highway to the shopping mall than it is to marvel at the majestic clouds hovering over the mountains. And somehow, it's more important to rush through our shopping than it is to take a moment to relish the twinkle in the salesperson's blue eyes.

By-passed blessings become curses. Every time we miss out on a moment's blessings, we rob our souls of spiritual nourishment. Our insides begin to feel flat, grey and lifeless. And our daily lives come to lose their beauty. If this resonates with you, then come take a day off from being busy. Allow yourself to move at a snail's pace, and to see-hear-smell-touch-taste all the day has to offer. Experience all of the many blessings that your heart is yearning to witness.

This retreat will run from 9:00 am to 4:00 pm. It will include a gourmet lunch and ample free time for allowing your heart to make you a blessed one as you journey through our 120 acres of beautiful desert grounds with God. Cost is \$25.

**\$25 FOR THE DAY,
INCLUDES LUNCH.**

**call 744-3400
for reservations.**



*Redemptoist Renewal Center
at Picture Rocks*

**7101 Picture Rocks Road,
Tucson, Arizona.**

Where EVERYONE is welcomed!