

## **Ignatian Retreat**

### **BIBLICAL PRAYER IN IGNATIAN SPIRITUALITY**

Are you looking for a deeper way to pray? Ignatian Contemplation, based on the Spiritual Exercises of St. Ignatius of Loyola, is a way of praying with the Bible that not only involves rational reflection but also the use of our feelings and imagination. It allows the Gospel stories to come alive for us, as we enter into the scenes and prayerfully interact with Jesus and other biblical characters. This method of prayer helps us come to know Jesus more intimately, so that we may love him more deeply and serve him more faithfully as his disciples.

In this weekend retreat, Fr. Felix Just, SJ will engage some of the Gospel stories that are at the heart of the Spiritual Exercises of St. Ignatius. The retreat will include a combination of short presentations, time for individual prayer, optional small-group sharing, and Eucharistic liturgies in the beautiful setting of the Redemptorist Renewal Center, nestled in quiet desert life of the Tucson Mountains.

No prior experience with Ignatian Contemplation is necessary to benefit from this retreat. Just bring your Bible and come with a desire to encounter the Lord in profound new ways.

**September 25-27, 2009**

Check-in from 4:00 pm Friday      First session 7:00 pm Friday  
Departure 1:00 pm Sunday

Redemptorist Renewal Center  
7101 W. Picture Rocks Road  
Tucson, AZ 85743



Retreat Director  
**REV. FELIX JUST, SJ**

*Fr. Just graduated from Tucson High School and studied Mathematics at the University of Arizona (B.S. 1978; M.S. 1980). He entered the [California Province of the Society of Jesus](#) in 1980 and was ordained a priest in 1991. He studied theology at the Jesuit School of Theology in Berkeley, CA (M.Div. 1990, S.T.L. 1994) and did his doctoral studies of the New Testament in the Dept. of Religious Studies at Yale University. He is currently the Director of Biblical Education at the Loyola Institute for Spirituality in Orange, CA, through which he offers and directs a variety of adult biblical education programs. Fr. Just maintains a large internationally acclaimed website with a wide variety of biblical and liturgical materials (<http://catholic-resources.org>)*

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